

# MIKE MULKEY

Mountain View, CA

[m1mulkey@gmail.com](mailto:m1mulkey@gmail.com)

650.799.3292

[www.linkedin.com/in/michaelmulkey](http://www.linkedin.com/in/michaelmulkey)



## BIO

Mike Mulkey is a [surfer](#), [author](#), and life [coach](#) who writes about finding the perfect wave in heaven. His passion for helping people tackle work/life balance challenges provoked him to launch "[Surfing for Balance in Silicon Valley](#)" in 2014 to blog about his struggles to stay afloat amidst the chaos.

After 25 years of riding the Silicon Valley Express train, Mike disembarked and discovered that his world had turned upside down. His first book, [Surfing in Heaven](#), is a true story about Mike's journey to find hope amidst the daily battles we all face at work and beyond. In it, you will discover how Heaven can dramatically impact our lives here on earth, right now!

Mike is now living out his dream of working part-time at Trader Joe's and writing about hanging ten toes over the nose in heaven!

## PUBLISHED WORKS

- [Surfing in Heaven – Finding Balance in An Upside Down World](#) (book)
- ["Exploring Heaven Through Surfing" podcast](#) (Youtube)
- [Ryan Pyle Podcast on "Surfing in Heaven"](#)
- [Work-life balance in Silicon Valley](#) (Wedotalk Podcast)
- [Father-Son Relationships](#) (Wedotalk Podcast)
- [Will There Be Surfing in Heaven?](#) (Empowering Working Mom's Podcast)
- [How Joyful People Think](#) (Twin Lakes Church interview – Rene Schlaepfer)
- [Swimming with Jerry](#) (Swim Swan Magazine article)
- [The Man Behind Spartan Turkey Trot](#) (Los Altos Town Crier article)

## EDUCATION / PROFESSIONAL DEVELOPMENT

**New Ventures West Integral Coach®**, New Ventures West, San Francisco, California

**Stephen Minister**, Stephen Ministries, Menlo Church, Mountain View, California

**Master of Science (MS)**, Telecommunications Management,  
Golden Gate University, Los Angeles, California

**Bachelor of Science (BS)**, Recreation Business Management, University of Utah, Salt Lake City, Utah,  
(Honors)